



**MANASA
INSTITUTE OF
CHILD HEALTH &
DISABILITY STUDIES**



Community Based Rehabilitation



Clinical Health & Rehab therapy Services



Training & Research



28th Annual Report 2018-19



SPECIAL SCHOOL & VOCATIONAL TRAINING CENTRE



VISION:

"Manasa Institute of Child Health and Disability Studies (MICHADS) envisions to become a world class organization that promotes child health and rights, inclusion and empowerment of persons with disabilities and their families".

MISSION:

" Building capacities, improving process, leveraging technology and involving all stakeholders for achieving professional excellence in child health and inclusion of disability through clinical, community services, training, research, extension and development"



Smt. P. Sarva Laxmi, Founder Member with Patrons Sri C. Anjaneya Reddy, IPS (Retd.), Dr. Varapasada Reddy, Chairman, Santa Biotech Pvt Ltd. and the President Dr. L. Govinda Rao, Former Director, NIMH and other dignitaries.



Dr. Rapolu Ramakrishna Murthy, Director & CEO of Manasa Institute with the staff & few special children

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Mother & Child Health Services (Preventive)

Vitamin 'A' Program :

'Vitamin-A' supplementation was given to over 822 children to prevent vitamin A related blindness and strengthen their immunity through both clinical and community services channels by involving local bodies, anganwadis and schools.

Deworming Program:

Over 1284 children were covered under this program with the help of multiple stakeholders.

Multivitamins for the pregnant women:

Through frontline health workers (ASHAs & ANMs) in community and weekly clinical service camps at Manasa Institute over 200 pregnant women were covered in the program to prevent various disorders in mother and baby relating to vitamin deficiencies. 'Vitamin Angels' has been supplying these supplements to aiming to distribute the rural poor and slum dwellers.



Neurodevelopmental Clinic

General Health & Development:

General Health check-ups and treatment services were made accessible for all the children with disabilities. Over 500 special children benefitted through this initiative. Various stakeholders like 'Thyrocare' and 'Red Cross' were actively involved in this.

Early Identification & Early Intervention:

Screening and assessment of health & development of the Infants and the children between 0-3 yrs are done as the priority for the early identification of chronic conditions that hampers the growth and development and also the sensory, cognitive and motor impairments if any. And the early intervention services are offered for those with the significant impairments and disabilities. Over 250 children were identified with one or the other developmental issue this year out of 1600 screened and 23 children were given admission for the regular early intervention services.

Physiotherapy:

The fully equipped Department of Physiotherapy with highly qualified and experienced professionals has been delivering the physical assessment and therapy services. Regularly over 30 children receive services. This year over 6000 physiotherapy sessions were delivered for those special children who otherwise couldn't get access to it.

Hearing Assessment:

Department of Audiology with complete range of audiological assessment services including Pure Tone Audiometry, Impedance Audiometry, OAE & BERA have been organized for testing the unprivileged children with hearing impairment or suspected of it and for the fitment of suitable hearing aids and provide auditory training. The hearing of 5-10 children a day has been tested. Over 2000 tests have been done this year.

Speech-Language Therapy:

Department of Speech and Language has been delivering speech and language assessment and therapy services for the children with hearing or cognitive or neuro-motor impairments associated with the speech and language delay or disabilities. Daily 20 -25 under privileged children receive these services. During 2018-2019; over 5000 sessions of speech therapy were availed by the beneficiaries.

Vision Assessment:

An Optometric Lab for the assessment of persons with visual impairment and for the fitment of suitable spectacles. Monthly over 50 persons with visual impairments get tested and received spectacles during the free spectacle distribution program.

Behavioral therapy:

Children with delay in cognitive development and with other intellectual disabilities associated with the behavioral issues are given cognitive and behavior therapy. Daily 15-20 special children are receiving cognitive and behavioral psycho-therapy and parent counseling services. This year over 3000 sessions of cognitive /behavior therapy and counseling were given.

Nutrition:

Periodical assessment of special children nutrition by a dietician has been taken up. Over 120 special children have been benefitted by this during 2018-'19. An orientation program for the parents of special children was also held.



Special School for the Mentally Challenged

Since 1991, Manasa has been running a special school for the children with intellectual disabilities. Today the special school has all the facilities and complete accessible premises and a qualified team of special educators (9) aided by the rehabilitation therapists and counselors (4). There are 92 special children (67 in regular class rooms; 29 in one on one special education) are receiving the special education. 35% of them suffer from both CP & MR and 10% of them have both HI & MR; the remaining have intellectual impairments due to Downs, ASD, ADHD etc.

Few of the special children attending one on one special education also have LD. This year with emphasis on inclusion; 4 special children have been mainstreamed through concerted efforts by providing orientation and sensitization to the staff and children of those respective normal schools and with continuous counseling and guidance support for the parents. Special School also provides free bus facility for the children.



Vocational Training Centre

There are 22 youth with Intellectual Disabilities receiving the vocational training. The focus is to connect them either an income generation programme involving their parents or siblings or to provide them a suitable job placement.

This year half –a dozen trainees successfully acquired the 'Rakhee' making skill in addition to other life skills. Rakhees made by them were connected to local markets successfully and that also got some popularity resulting in getting online orders for their make. Two of the trainees were connected to the suitable job placements.



Community Based Rehabilitation

The objective of CBR at Manasa Institute has been to reach the unreached urban slums in R. R district of TS and select rural areas in A.P. and Telangana. This year the CBR teams of Manasa have covered 7 slums, 15 anganwadis, 6 schools, and two villages and delivered the health and rehab services to over 1000 needy special children.

Early Identification and early intervention are the priorities of CBR activities. Along with the screening, parent counseling, referral and follow up therapy services, the small community orientation programs were also held on disability rights, legal provisions and on various social security schemes.

Sl.No.	Areas Covered	Number of camps /programs held
1	Suryapet Athmakur	1
2	Nagole	2
3	L.B.Nagar	2
4	Uppal	3
5	L.B.Nagar	3
6	Karmanghat	2
7	V. R. Puram	1
8	Chintur	1
	Total Programmes	15





Training & Research

Advocacy on Disability related Public Health, importance of early identification of disability, significance of early intervention, Disability Screening, identification and referral services, Inclusion and rights of persons with disabilities, legal provisions and social security schemes and programs and enhancing the knowledge and skills of parents, professionals, and capacity building of change agents and sensitization on disability related issues on are the objectives of Training programs of Manasa Institute.


During this financial year

Sl. No.	Date	Program	Type of Beneficiaries	No.of. Beneficiaries covered	Programme photos
1.	08-03-2018	Orientation on Issues of Women with Disabilities (International Women's Day)	Parents of special children Special Educators	46	
2	20-04-2018	Awareness Programme on Disability & Inclusion	Parents & Rehab professionals	40	
3	27-04-2018	Disability Screening & Early Identification	Front line health workers (ANMs& ASHAs)& RBSK Staff -Deputed by the Dept. of Health & Family Welfare Telangana	82	

4	04-05-2018	Awareness on Autism (World Autism Day)	Children	36
5	13-06-2018	Awareness Program on Preventive Health & Disability & Health Screening & Nutrition supplement distribution Camp (Inauguration of Vitamine Angels Project)	Children Parents Others	114
6	30-06-2018	Orientation to Government Primary school (LB Nagar) staff and students on inclusive Education imperatives @ Manasa Special School	Special Educators Normal children Teachers Parents	35



7	9 & 10.08.2018	Workshop on Health & Rehab Care for Children with Cerebral Palsy	Special Educators Parents & Caregivers	14	
8	28-10-2018	One day Workshop on Autism Spectrum Disorder (ASD) @ Seminar Hall, Manasa Institute	Special Educators & Parents of children with ASD	45	
9	30.01.2019 & 31.01.2019	Workshop on Learning Disability @ Seminar Hall, Manasa Institute.	Special Educators Normal School teachers & Parents children with LD	35	
10	08.02.2019	Orientation for regular in-services Teachers on Disabilities & Inclusive Education Imperatives @ MPP Govt. School @ Nagole	Teachers	07	

11	08.03.2019	Psychological Resilience for Mothers of Special Children On the occasion of International Women's Day FOCUS: Single Parent's (Mothers) of children with Disabilities	Special Educators Parents	27	
		Total Programs - 11		Total beneficiaries -481	

Research Papers have been submitted on varied subjects relating to child health, development, Disability and Inclusion as follows:

1. Respite Care for special children: Need of the hour- Rapolu Ramakrishna Murthy, B. HL. S., M. D. R. A., Director Manasa Institute of Child Health & Disability Studies. (Paper)
2. Becoming the Parent of a Special Child- Rapolu Ramakrishna Murthy, B. H. L. S., M D. R. A., Director - Manasa Institute of Child Health & Disability Studies (Article)
3. Why your child reluctant to wear hearing aids? – Tips for parents of children with hearing impairment- Ms. C. Anusha, MASLP (Audiologist & Speech-Language Pathologist) Manasa Institute of Child Health & Disability Studies. (Article)
4. “Autism is not a disease”- L. Laxmi, M. A. B. Ed. (Spl. Edn. M. R.), Principal, Manasa Special School. (Article).

Special Programs & Events

Artificial Limbs Assessment & Distribution Program:

A massive artificial limbs distribution program was organized at Manasa Institute on 24.03.2019 keeping in view rising applications by the needy persons with disabilities from all over the Andhra Pradesh and Telanagana states. This program was partnered by Sri Gopi Krishna Infrastructure (SGIPL) Pvt. Ltd (Hyderabad), Walk India Project (Chennai), Chirec International School and Commitments.

Focus being the children, 60 beneficiaries comprising all the ages took part in the program. After fitment of the artificial limbs an orientation program and follow up gait exercises for the beneficiaries was held at Manasa Institute.

The program was inaugurated by the hands of Sri Gopal Raju, M. D. (SGIPL Pvt..Ltd.) and the participants were addressed by D. L. Govinda Rao, President and Smt. Sarva Laxmi, the founder-member of Manasa. Smt. C. Neeraja, Smt. P. Venkatlaxmi, P. Vanaja have also actively volunteered in this program.









INCLUSION FESTIVAL - International Day of Persons with Disabilities

The annual observance of the INTERNATIONAL DAY OF DISABLED PERSONS was proclaimed in 1992, by the United Nations . The observance of the Day aims to promote an understanding of disability issues and mobilize support for the dignity, rights and well-being of persons with disabilities. It also seeks to increase awareness of gains to be derived from the integration of persons with disabilities in every aspect of political, social, economic and cultural life.

Manasa Institute of Child Health & Disabilities has organised an event called 'INCLUSION FESTIVALS' in observance of this DAY on 3rd December 2018 at Phoenix Arena, High-tech City, Hyderabad; to create awareness and fill confidence among the parents of special children with and instil inspiration among our team of staff and professionals. Our Patrons Sri C. Anjaneya Reddy, IPS (Retd.), Dr. Varaprasada Reddy, Chairman, Santa Biotech Pvt Ltd. and the President Dr. L. Govinda Rao, Former Director, NIMH and other dignitaries have participated in this programme as the guests .





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