



**MANASA  
INSTITUTE OF  
CHILD HEALTH &  
DISABILITY STUDIES**

29<sup>th</sup> Annual Report

2019-20

**VISION:**

"Manasa Institute of Child Health and Disability Studies (MICHADS) envisions to become a world class organization that promotes child health and rights, inclusion and empowerment of persons with disabilities and their families".

**MISSION:**

" Building capacities, improving process, leveraging technology and involving all stakeholders for achieving professional excellence in child health and inclusion of disability through clinical, community services, training, research, extension and development"

On the dais of Manasa's Inclusive Festival, Board members of Manasa Institute, Smt. P. Vnaja ( lighting the lamp) , Smt. C. Neeraja, Smt. P. Venkatlaxmi and other dignitaries





Dr. L. Govinda Rao, the president of Manasa ( Speaking ) and Sri Raju garu , the patron and the life member of Maansa handing over memento to the child.



Dr. R. Ramakrishna Murthy, Director with the staff and board members on the occasion of celebrating the International Day of Persons with Disabilities -2019.



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## Manasa Mother & Child Health Services (Preventive)

### **Covid-19 preventive Education for special children & families**

All the preventive measures and Covid -19 preventive protocols were adopted at Manasa Institute with a half -a - day training for all the employees of Manasa Institute & an orientation program was organized for the Parents and family members of special children on the Covid -19 and on the preventive measures to be taken that including social distancing, use of sanitizer and face masks and face shields.

And till complete lockdown was announced by the Government, complete protective gear ( including PPE Kits) were started to use in service delivery at Manasa Institute.



### **Distribution of nutrition food & nutrititonal supplements for the families affected by Covid-19**

Manasa Institute has resolved to offer them extended support by providing 100% free

1. Protective Gear ( N95 Masks, Face Shields, liquid Sanitizer )
2. Dry Ration ( Rice, Lentils, Tamarind, Wholegrain Atta, Salt, Onions, Chilli powder and spices)
3. Smart phones for the special children to get access to online special education and clinical services

And started compiling the data of parents and families with the one or more persons/children with disabilities and chronic illness also suffer from poverty as financial difficulties and often fail to afford proper food, shelter and medical and health facilities. Many have lost their jobs and income due to Covid-19.



### **Distribution of Covid -19 preventive Homeo Medicine ( Recommended by AYUSH, Gov) .**

As recommended by AYUSH, Government of India, Covid preventive Homeo medicine was procured and distributed over 200 doses among all the special children and their families and also for all the staff and employees of Manasa Institute



### **General Health Check-up & Eye health care.**

General Health check-ups and treatment services were made accessible for all the children with disabilities. Over 500 special children benefitted through this initiative. Various stakeholders like 'Thyrocare' and 'Red Cross' were actively involved in this. Monthly once regular health check-ups by homeo physician including the dispensing the medicines were taken up.



## Mother & Child Nutrition Program:

**Free fruit distribution Program:** Under this program Manasa Institute started distributing daily one fruit – to each special child after 2 hrs of lunch.

**'Vitamin-A' supplementation** was given to over 300 children to prevent vitamin A related blindness and strengthen their immunity through both clinical and community services channels by involving local bodies, anganwadis and schools.

**Multivitamins for the pregnant women:** Through frontline health workers (ASHAs & ANMs) in community and weekly clinical service camps at Manasa Institute for 52 pregnant women were covered in the program to prevent various disorders in mother and baby relating to vitamin deficiencies. 'Vitamin Angels' has been supplying these supplements to aiming to distribute the rural poor and slum dwellers.

**Deworming Program:** Through deworming medicine distribution over 373 children were covered; for Vitamine A, Multivitamines and deworming Manasa Institute have joined hands with Vitamine Angels organisation and also received technical training required for the distribution.



## Manasa Neurodevelopmental Clinic ( online & offline)

**Early Identification & Early Intervention:** Screening and assessment of health & development of the infants and the children between 0-3 yrs are done as the priority for the early identification of chronic conditions that hampers the growth and development and also the sensory, cognitive and motor impairments if any. And the early intervention services are offered for those with the significant impairments and disabilities. Over 250 children were identified with one or the other developmental issue this year out of 1200 screened and 34 children were given admission for the regular early intervention services.

**Physiotherapy:** The fully equipped Department of Physiotherapy with highly qualified and experienced professionals has been delivering the physical assessment and therapy services. Regularly over 40 children



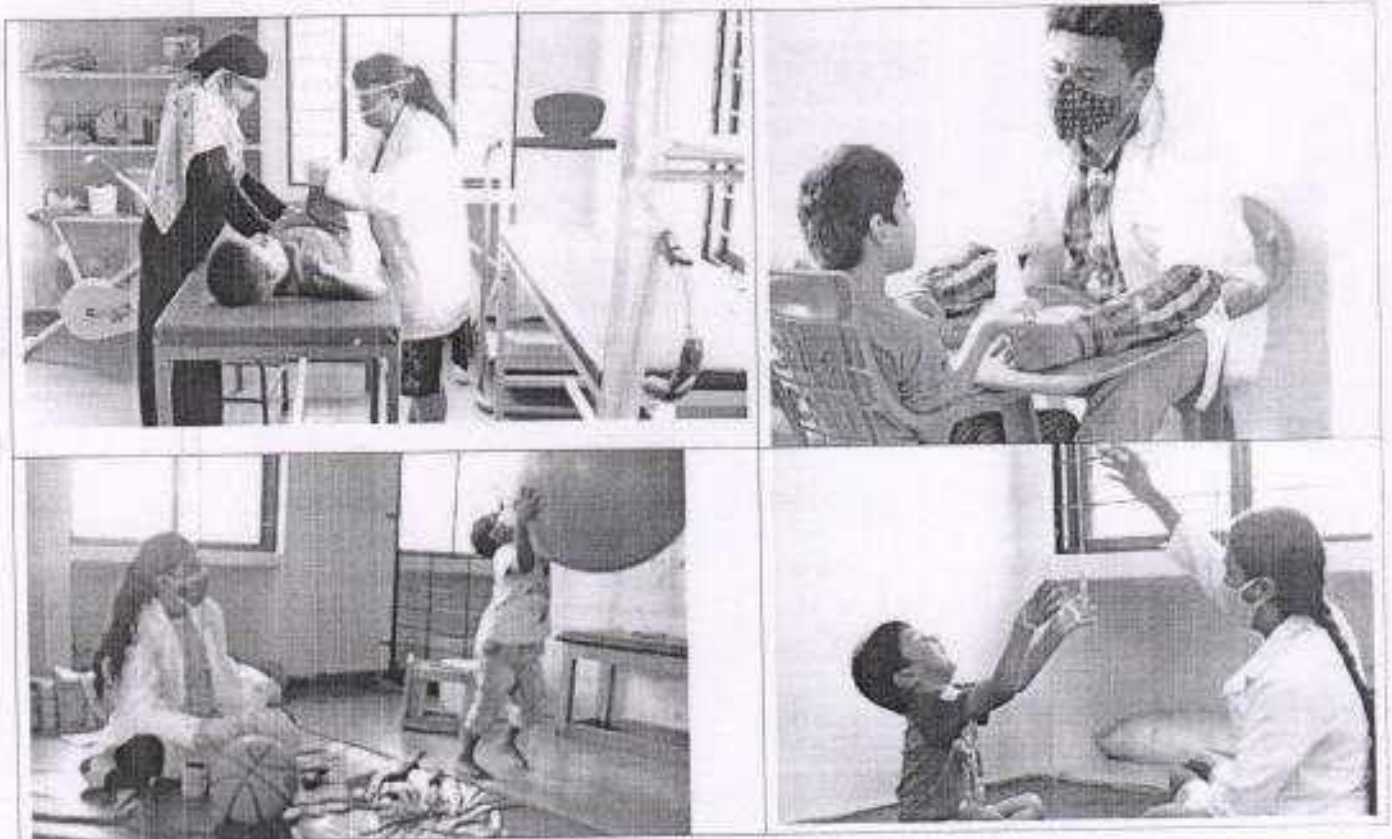
receive services. This year over 3000 physiotherapy sessions were delivered for those special children who otherwise couldn't get access to it.

**Hearing Assessment:** Department of Audiology with complete range of audiological assessment services including Pure Tone Audiometry, Impedance Audiometry, OAE & BERA have been organized for testing the unprivileged children with hearing impairment or suspected of it and for the fitment of suitable hearing aids and provide auditory training. The hearing of 5-10 children a day has been tested. Over 1000 tests have been done this year.

**Speech-Language Therapy:** Department of Speech and Language has been delivering speech and language assessment and therapy services for the children with hearing or cognitive or neuro-motor impairments associated with the speech and language delay or disabilities. Daily 20 -25 under privileged children receive these services. During 2019-2020; over 2000 sessions of speech therapy were availed by the beneficiaries.

**Vision Assessment:** Ophthalmological and optometric assessment was done for over 1000 beneficiaries and over assessment of persons with visual impairment and for the fitment of suitable spectacles. This year over 213 persons with visual impairments got tested had visual impairment and received spectacles during the free spectacle distribution program.

**Behavioral therapy:** Children with delay in cognitive development and with other intellectual disabilities associated with the behavioral issues are given cognitive and behavior therapy. Daily 10-12 special children are receiving cognitive and behavioral psycho-therapy and parent counseling services. This year over 1000 sessions of cognitive /behavior therapy and counseling were given.

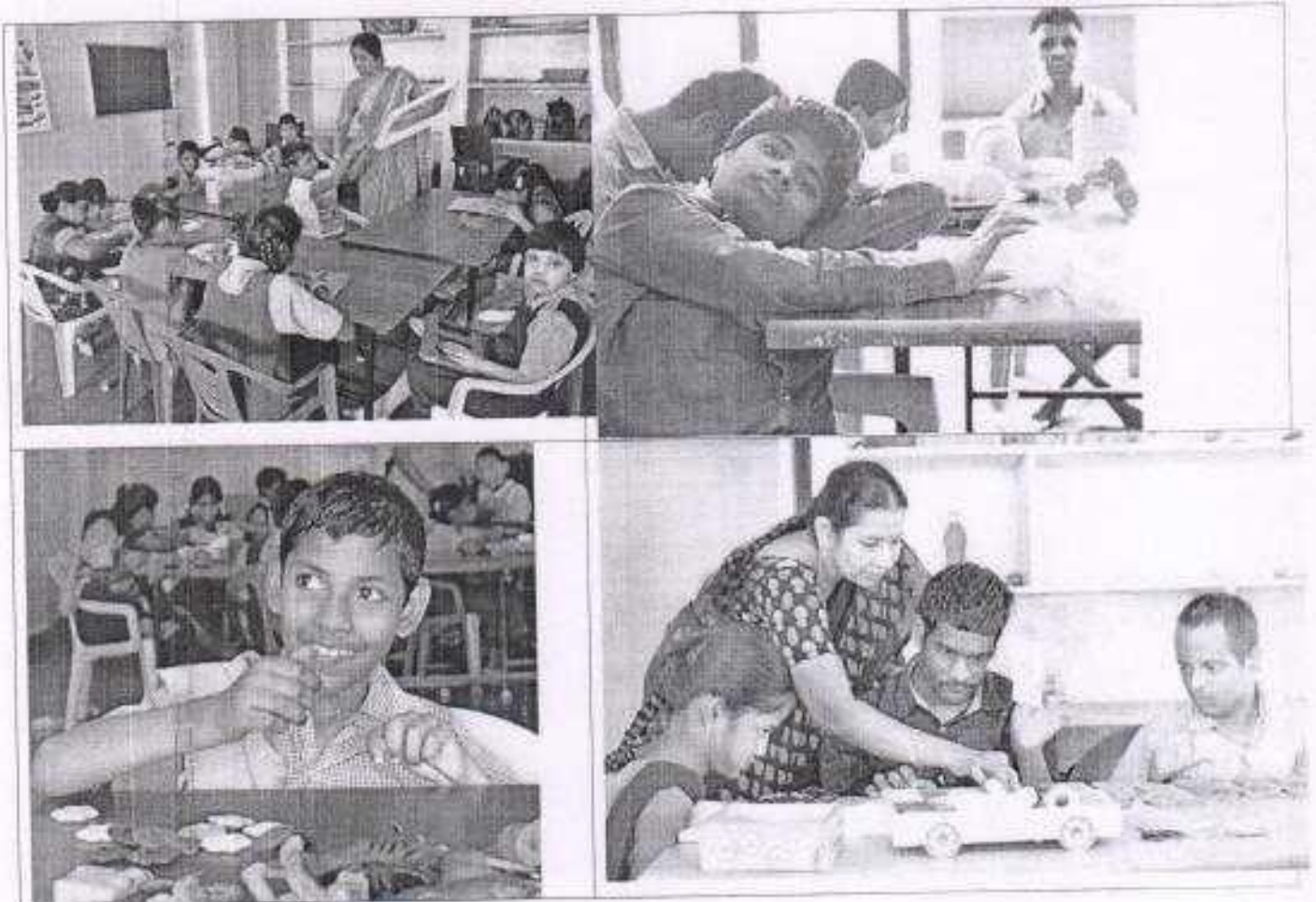




## Manasa Special School for the Mentally Challenged

Manasa has been running a special school for the children with intellectual disabilities since 1991. Today the special school has all the facilities and complete accessible premises and a qualified team of special educators (9) aided by the rehabilitation therapists and counselors (4). There are 112 special children are receiving the special education. 45% of them suffer from both CP & MR and 10% of them have both HI & MR, the remaining have intellectual impairments due to Downs, ASD, ADHD etc.

Few of the special children attending one on one special education also have LD. This year with emphasis on inclusion; 4 special children have been mainstreamed through concerted efforts by providing orientation and sensitization to the staff and children of those respective normal schools and with continuous counseling and guidance support for the parents. Special School also provides free bus facility for the children.

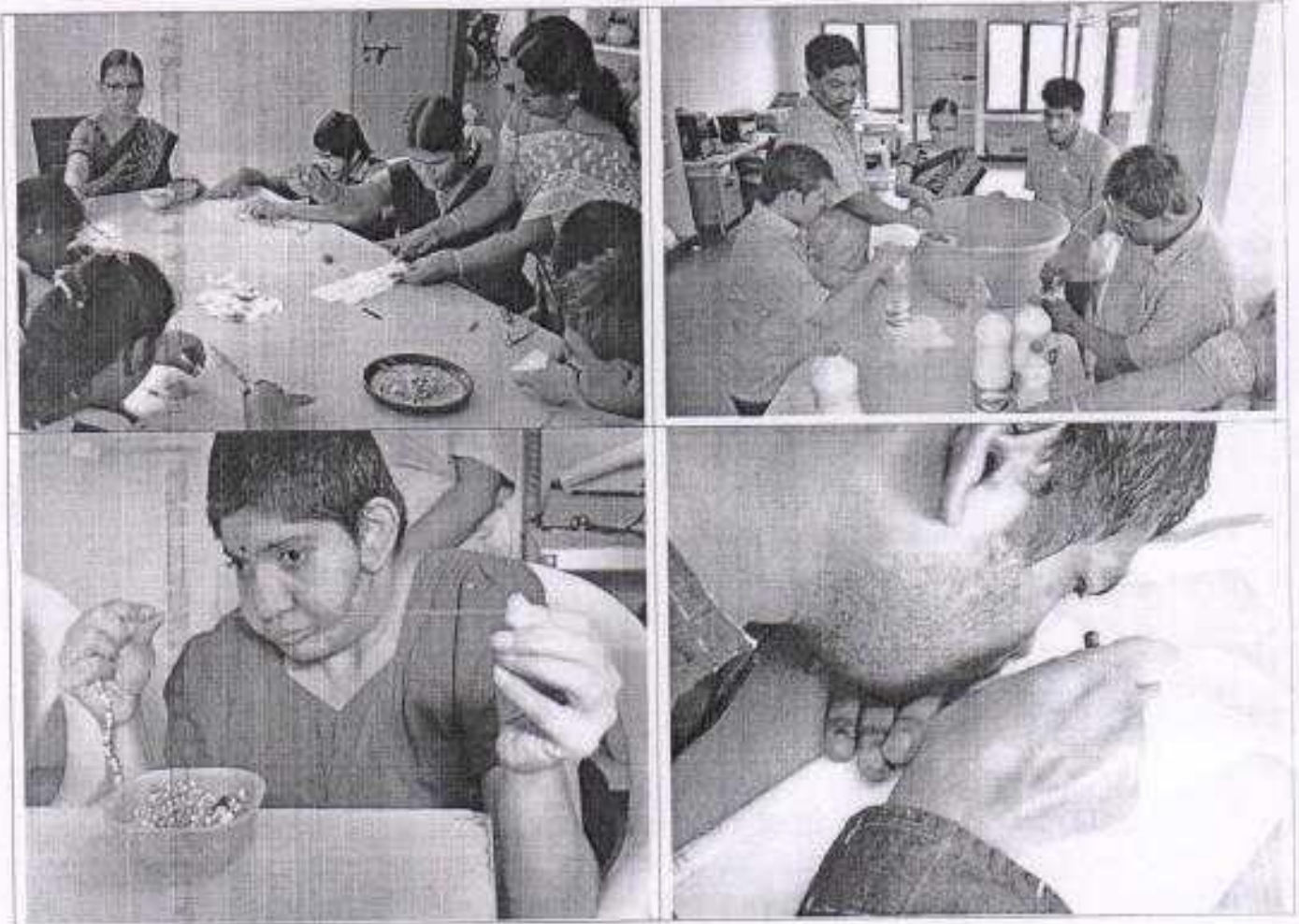




## Manasa Vocational Training Centre

There are 18 youth with Intellectual Disabilities receiving the vocational training. The focus is to connect them either an income generation programme involving their parents or siblings or to provide them a suitable job placement.

This year half –a dozen trainees successfully acquired the 'Rakhee' making skill in addition to other life skills. Two new students admitted this year. Rakhees made by them were connected to local markets successfully and that also got some popularity resulting in getting online orders for their make. four of the trainees were connected to the suitable job placements.





## Manasa Community Based Rehabilitation

A team of professionals consisting Audiologist, Optmetrist, Psychologist, Special Educator and CBR coordinator –reach out the unreached with the community disability rehab and capacity building programs monthly twice; due to Covid -19 resitricions the planned target number of beneficiaries would not be covered.

Sl.No.	Date	Place	No.of beneficiaries covered	Identified
1	22/05/2019	MPP SCHOOL, UPPAL	25	15
2	15/07/2019	Place: MPPSCHOOL, SUBHASH NAGAR, MALLAPUR.	93	2
3	31/08/2019	MPP SCHOOL, LAXMINARAYANA COLONY, RAMANTHAPUR	110	6
4	19/09/2019	MPP SCHOOL, NAGOLE	40	21
5	21/09/2019	MPP SCHOOL, UPPAL	90	14
6	23/10/2019	MPP SCHOOL, KUMMARI GUEDEM, UPPAL	122	12
7	07/11/2019	MPP SCHOOL, ALKAPURI, NAGOLE	70	9
8	20/11/2019	MPP SCHOOL, L B NAGAR	250	48
9	13/12/2019	UPPER PRIMARY SCHOOL, BOMMANGANDI, SAROORNAGAR	230	31
10	31/12/2019	MPP SCHOOL, MOHAN NAGAR	100	7
11	10/01/2020	MPP SCHOOL & ANGANWADI NAGESHWAR RAO COLONY, KOTHAPET-2	70	8
12	20/01/2020	MPP SCHOOL, FATHULLAGUDA, UPPAL	80	7
13	06/02/2020	MPP SCHOOL, SHALIVAHANA NAGAR	120	15
14	13/03/2020	ANGANWADI, NUVVULABANDA & JAIPURICOLONY	60	9
<b>TOTAL BENEFICIRIES</b>			<b>1460</b>	<b>189</b>







## Traning & Capacity Building

The year Manasa Institute has conducted various training & capacity building programs in Telanagana & Andhra Pradesh.

Sl.No.	Date	Program name	No.of Participants/ beneficiaries
1.	02/07/2019	One day orientation program on Disability- Rights, Inclusion & Empowerment	32
2.	03/11/2019	One day Workshop on Advances in Autism Spectrum Disorder	20
3.	15-11-2019 - 16-11-2019	Training of Trainers on CBR to Byrraju Foundation staff at Bhimavaram, A.P.	47
4.	17/02/2020 - 18/02/2020	Training –Parents of Children with ASD on at Thirupathi, A.P	52
<b>TOTAL BENEFICIRIES</b>			<b>151</b>





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Sl.No.	Date	Place	No. of Participants
1	04/04/2019	Orientation program on 'Development of Children with disabilities' Place: Navjeevan orphanage, BODUPPAL Target Group: Children, hostel & school staff.	100
2	06/08/019	Training on 'Screening & Early Identification of Children with Disabilities' Place: Primary Health Centre, NARAPALLY Target Group: 'In-service doctors & ANMs & ASHA workers'	62
3	01/10/2019	Training on 'Screening & Early Identification of Children with Disabilities' Place: Primary Health Centre, SAROORNAGAR Target Group: 'In-service doctors & ANMs & ASHA workers'	67
4	06/01/2020	Training on 'Screening & Early Identification of Children with Disabilities' Place: Primary Health Centre, ABDULLAPURMET Target Group: 'In-service doctors & ANMs & ASHA workers'	69
5	04/02/2020	Training on 'Screening & Early Identification of Children with Disabilities' Place: SHALIVAHANA NAGAR, Urban Health Centre, Target Group: 'In-service doctors & ANMs & ASHA workers'	17
6	03/03/2020	Training on 'Screening & Early Identification of Children with Disabilities' Place: GADDI ANNARAM, Urban Health Centre, Target Group: 'In-service doctors & ANMs & ASHA workers'	15
<b>TOTAL BENIFICIRIES</b>			<b>330</b>

## RESEARCH

Manasa Institute has taken up a study with the support of Repurpose Global LLC titled- Baseline study on socio-economic conditions of children in waste workers colonies of Hyderabad. The study was completed successfully and the report was submitted to the Repurpose Global LLC.



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Survey No. 135, Besides TSSPDCL Office, Mohan Nagar,  
Nagole - Kothapet Road, Ranga Reddy Dist., Hyderabad - 35, Telangana, India.  
Ph: +91- 040-24040423 | M: +91- 9908221082, 9963811996  
info@manasainstitute.org | www.manasainstitute.org